

AGING IN PLACE IN CANADA

Enhance Independence, Comfort, And Peace Of Mind



! Aging in Place - is a safe, preferred way for seniors to remain in their established homes. It offers better mental peace and physical health compared to assisted living, supported by government financial aid and modern technology.

Essential Support Guide



Home Safety Tips

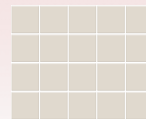
Furniture

Avoid very tall or short furniture. Rearrange items to clear walkways.



Flooring

Install slip-resistant tiles in bathrooms and kitchens.



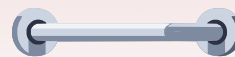
Lighting

Maximize natural light and install proper indoor illumination.



Bath & Stairs

Install grab bars, shower benches, and walk-in bathtubs.



1) Federal Financial Aid

OAS (Old Age Security) provides basic pension income. GIS (Guaranteed Income Supplement) offers additional funds for low-income seniors.

2) Provincial Programs

Access regional benefits like property tax relief, health coverage, and home adaptation grants tailored to your province.

3) Smart Home Tech

Use voice assistants, smart thermostats, and automated lighting to simplify daily household activities securely.

4) Health Monitoring

Wearable devices track vital signs, heart rates, and daily steps. Automated dispensers ensure complex medication schedules are met.

5) Caregiver Networks

Utilize provincial home care programs and community networks for in-home nursing, personal support, and check-ins.



Life AssureTM
Medical Alert Systems